WOKINGHAM PACKED LUNCH MENU SEPTEMBER 2011

WEEKS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 05/09/2011 26/09/2011 17/10/2011 14/11/2011 05/12/2011 09/01/2012 30/01/2012	Wholemeal Egg & Cress Sandwich *** Cheese Chunks *** Tomato Wedges *** Fresh Fruit Bag *** Fruit Muffin	Wholemeal Cheese Salad Sandwich *** Vegetable Sticks *** Fresh Fruit Bag *** Mandarin Cheesecake	Wholemeal Chicken Mayo Sandwich Or Wholemeal Cheese Salad Sandwich *** Carrot Sticks *** Fresh Fruit Bag *** Fruit Yoghurt	Ham & Pickle Wrap Or Cheese & Tomato Wrap *** Cucumber Sticks *** Fresh Fruit Bag *** Chocolate Sponge	Wholemeal Tuna & Cucumber Sandwich Or Wholemeal Cheese & Tomato Sandwich *** Vegetable Sticks *** Fresh Fruit Bag *** Drizzle Iced Apple Shortbread
WEEK 2 12/09/2011 03/10/2011 31/10/2011 21/11/2011 12/12/2011 16/01/2012 06/02/2012	Wholemeal Cheese & Tomato Sandwich *** Vegetable Sticks *** Fresh Fruit Bag *** Viennese Tart	Ham & Pickle Wrap Or Cheese Salad Wrap *** Celery Sticks *** Fresh Fruit Bag *** Flapjack	Wholemeal Tuna Mayo Sandwich Or Wholemeal Cheese & Onion Sandwich *** Carrot Sticks *** Fresh Fruit Bag *** Peach Sponge	Wholemeal Chicken Salad Sandwich Or Wholemeal Cheese & Pickle Sandwich *** Tomato Wedges *** Fresh Fruit Bag *** Strawberry Mousse	Cheese Salad Wrap *** Vegetable Sticks *** Fresh Fruit Bag *** Chocolate Krispie Cake
WEEK 2 19/09/2011 10/10/2011 07/11/2011 28/11/2011 02/01/2012 23/01/2012	Wholemeal BLT Sandwich Or Wholemeal Cheese & Pickle Sandwich *** Carrot Sticks *** Fresh Fruit Bag *** Fruit Yoghurt	Cheese Salad Wrap *** Tomato Wedges *** Fresh Fruit Bag *** Fruit Muffin	Wholemeal Ham & Tomato Sandwich Or Wholemeal Cheese Sandwich *** Vegetable Sticks *** Fresh Fruit Bag *** Chocolate Drizzle Flapjack	Chicken Mayo Wrap Or Cheese Salad Wrap *** Cucumber Sticks *** Fresh Fruit Bag *** Iced Lemon Sponge	Wholemeal Egg & Cress Sandwich *** Cheese Chunks *** Tomato Wedges *** Fresh Fruit Bag *** Larkhay Biscuits