Wokingham Menu Spring/Summer 2012

Week commencing	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 20/2/12 12/3/12 16/4/12 7/5/12 28/5/12 25/6/12 16/7/12	Crispy Bacon & Pineapple Pizza OR Pizza Margherita OR Pizza Salad Spicy Jacket Wedges Mixed Salad Freshly prepared Coleslaw Caramel Krispie Cake OR Fresh Fruit	Roast Chicken with Gravy OR Cheddar & Pepper Flan OR Tuna Mayonnaise Salad Crispy Roast or New Potatoes Fresh Cauliflower Fresh Organic Carrots Fairtrade Chocolate Shortbread with Orange Icing & Custard OR Fresh Fruit	Beef Bolognaise with Spaghetti & Garlic Bread OR Vegetable Korma & Rice OR Baked Beans & Cheese Jacket Potato Fresh Broccoli Sweetcorn Ice Cream & Fruit OR Fresh Fruit	Roast Gammon with Gravy OR Roasted Vegetable Pasta & Herby Bread OR Salmon & Cucumber Salad Crispy Roast or Creamed Potato Fresh Green Cabbage Fresh Organic Carrots Strawberry Swirl Sponge & Custard OR Fresh Fruit	MSC Birds Eye Fish Fingers OR Spicy Bean Bar OR Cheddar Cheese Salad Chips Baked Beans Garden Peas Milk Shake & Cookie OR Fresh Fruit
Week 2 27/2/12 19/3/12 23/4/12 14/5/12 11/6/12 2/7/12	Sausages with Gravy and Mash OR Pasta Twists in Tomato Sauce with Cheesy Garlic & Herb Bread OR Cheese & Onion Salad with new potatoes Sweetcorn Garden Peas Oaty Flapjack OR Fresh Fruit	Roast Turkey with Gravy OR Cauliflower & Broccoli Cheese Crunch OR Free Range Egg & Cress Salad Roast Potatoes or Parsley Potato Fresh Green Cabbage Fresh Organic Carrots Fruit Yoghurt OR Fresh Fruit	Beef Cottage Pie with Gravy OR Freshly Prepared Roasted Vegetable Lasagne with Garlic Slice OR Baked Bean & Cheese Jacket Potato Fresh Cauliflower Green Beans Rice Pudding & Jam Sauce OR Fresh Fruit	Roast Chicken with Gravy OR Cheese & Lentil Flan OR Tuna Salad Crispy Roast or New Potatoes Fresh Broccoli Fresh Organic Carrots Organic Carrot Cake & Custard OR Fresh Fruit	MSC Battered Fillet of Fish OR French Bread Pizza OR Chicken Salad Chips Baked Beans Garden Peas Drizzle Iced Marble Sponge OR Fresh Fruit
Week 3 5/3/12 26/3/12 30/4/12 21/5/12 18/6/12 9/7/12	Steamed Rice with Turkey Meatballs in Tomato Sauce OR Mexican Vegetarian Chilli with Rice OR Tuna Mayo Jacket Potato Mexicorn (Sweetcorn with Peppers) Green Beans Chocolate Sponge with Chocolate Sauce OR Fresh Fruit	Roast Gammon with Gravy OR Vegetable Ravioli OR Free Range Egg Mayonnaise Salad Roast Potatoes or Oven Baked Jacket Wedges Organic Carrot & Swede Mix Fresh Broccoli Strawberry Mousse OR Fresh Fruit	Chicken Tortilla Stack OR Stir Fry Vegetable Wrap OR Baked Bean & Cheese Jacket Potato Bread Wedge Sweetcorn Peas Oaty Fruit Crumble & Custard OR Fresh Fruit	Roast Pork with Gravy and Crispy Roast or New Potatoes OR Macaroni Cheese & Garlic Slice OR Chicken Salad Fresh Organic Carrots Fresh Green Cabbage Mandarins in Jelly OR Fresh Fruit	MSC Birds Eye Fish Fingers OR Freshly Prepared Cheese & Onion Omelette OR Cheese & Pickle Salad Chips Baked Beans Garden Peas Lemon & Sultana Muffin OR Fresh Fruit

Meal Price £1.90. Freshly Baked Bread, Fresh Fruit and Fresh Drinking Water available daily.

Where milk is required in recipes Fresh Milk is used.. The Cocoa used is Fairtrade Banana's used are Fairtrade. All our fish is MSC (marine stewardship council).